ea catering

Kilkeel HS

WEEK FOUR

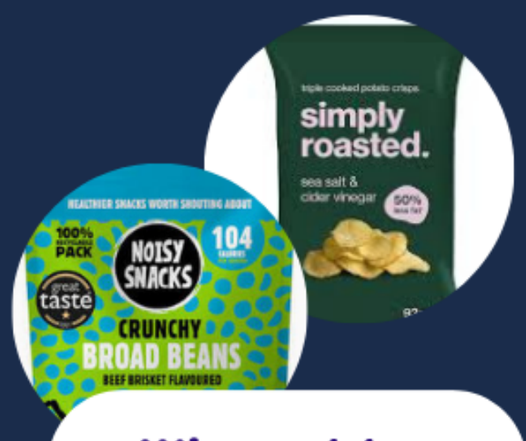
Week Beginning
21 Sept, 19 Oct,
16 Nov, 14 Dec,
18 Jan, 15 Feb,
15 Mar, 12 Apr,
10 May, 7 June

Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day Selection of bread **** FOTW – Wings – Your Way Chicken Stir fry Rice/Curry Sauce Loaded Christmas Fries **** Chips/Mashed Potato Garden Peas & Stuffing Baked Beans **** Spicy Loaded Fries Pizza Slice Hot Dog/ Sausages Super Sauce/Curry Sauce Salad /Sandwich Bar **** Marshmallow Squares Fresh Fruit & Yoghurt	*Soup of the Day* *Selection of bread* **** FOTW – Chilli Beef Nachos Homemade Lasagna with Garlic Bread Sweet & Sour Chicken & Rice **** Chips/Rice/Pasta Baton Carrots & Coleslaw **** Beefburgers Chicken Kebab Pizza Slice Pepper Sauce Salad /Sandwich Bar **** Chocolate Brownie Fresh Fruit & Yoghurt	Soup of the Day Selection of bread **** FOTW – General Tso's Chicken Chicken Curry & Rice Naan Bread Roast Stuffed Chicken **** Mashed/ Diced Potato Broccoli & Butternut Squash **** Chicken Burgers Hot Honey Boneless Wings Terriyaki Salmon & Noodles Gravy Salad /Sandwich Bar **** Pineapple Sponge & Custard Fresh Fruit & Yoghurt	Soup of the Day Selection of bread **** FOTW – Chicken, Mozzarella & Pesto Sub Roast Turkey & Gammon Dinner Pulled Pork / Rice/Roasties **** Mashed/Roast Potato Seasonal Veg **** Tex Mex Smash Burger Chicken Goujons Pizza Slice Gravy & Stuffing Salad /Sandwich Bar **** Blondies Fresh Fruit & Yoghurt	Soup of the Day Selection of bread **** FOTW – Gyro *with Salad & Spiced Yoghurt Sauce* Oven Baked Cod with Lemon Wedge Spaghetti Carbonara & Garlic Bread **** Chips, Sweet Chilli Baby Potatoes Cajun Corn on the Cob & Baked Beans **** Sausage/Hotdog Spice Bag Chicken Pizza Slice Curry/Chicken Gravy Salad /Sandwich Bar **** Homemade Iced Cake Fresh Fruit & Yoghurt





SNACK ITEMS



Why not try something from our range of healthy snack items?

GRAB & GO SALAD BAR



We serve a selection of sandwiches, wraps, panini, salads, burgers, soups & other Grab & Go items.

SWEET TREATS



Fancy something sweet... we have lots of options.

FLAVOURS OF THE WORLD



Check Out Our Daily Flavours Of The World Dish!

If you require any additional information on allergens or special diets please contact your school.